WARM UP ON A CHILLY AUTUMN EVENING
ONION SOUP WITH AN EARTHY TWIST {page 24}

BIG FIX?
KUTCHER, MOORE REPORTEDLY SEEK MARITAL HELP {page 18}

Shaun McCaffrey
for Fort Richmond
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PC Progressive CONSERVATIVE
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WINNIPEG metro®
Monday, October 3, 2011
www.metronews.ca
News worth sharing.

Arrest made in young mom's death

Suspect and victim seen together at an establishment near where body was found

JAMES TURNER
@METRONEWS.CA

The suspect accused of killing a young Winnipeg mother who was discovered dead in an isolated area off Main Street was out on bail and on probation for assault at the time of his arrest this weekend, police said.

Max Maurice Richard, 36, was arrested Friday night at a home on Manitoba Avenue and charged with second-degree murder in connection to the recent beating death of April Hornbrook, 24.

Hornbrook's body was found on the morning of Aug. 27 by a man walking on a secluded path running alongside the Yellow Warehouse building at Main and Sutherland Avenue.

Investigators suspect she was killed sometime earlier, possibly late on Aug. 25 into Aug. 26. She had been physically assaulted and died from blunt-force trauma to her upper body, Const. Natalie Aitken said.

The victim and Richard were both at a bar and left together, said police, who added there was no indication she had been sexually assaulted.

CONTRIBUTED

▶ April Hornbrook

Richard was interviewed and charged on Sept. 7 for an unrelated violent robbery of a man on Aug. 25 that took place about a half-block from where Hornbrook's body was found, police said.

He had been released on bail despite a police recommendation to prosecutors he be held in custody to face allegations of assault causing bodily harm and robbery.

Think. Cure

▶ A couple gets a cheer and a high-five as they cross the finish line yesterday in downtown Winnipeg.

ELISHA DACEY/METRO

A few steps closer to a cure for cancer

More than 5,000 people laced up their walking shoes to find a cure for breast cancer in Winnipeg yesterday during the CIBC Run For the Cure. For more on breast-cancer awareness, see Metro's special section on pages 20-23.

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MCFADYEN'S
HYDRO RATE HIKES

Annual Hydro Bills

Based on annual consumption for 1,000 kWh
Source: Manitoba Hydro

VOTE NDP

KEEP HYDRO PUBLIC

Hugh McFadyen's resumé says it all: too big a risk with Manitoba Hydro

Mr. McFadyen was Gary Filmon's top advisor in the 90s when the PCs privatized MTS – even after promising not to. In his online resume, Mr. McFadyen even boasted about it, saying that he played a "central strategic role".

He then went to work for Ontario PC premier Mike Harris and worked to privatize hydro in Ontario.

After becoming PC leader, Mr. McFadyen said he would open Manitoba Hydro up to private investors. Hydro is Manitoba's oil and should remain public and working for everyone.

Greg Selinger and your NDP will keep building Manitoba Hydro to create jobs keep your rates low – already among the lowest in North America.

On October 4th, vote NDP to KEEP HYDRO PUBLIC

Greg Selinger

Today's NDP

Authorized by the CFO, Manitoba's NDP

Two dead after fiery crash on Dugald Rd.

ELISHA DACEY
@METRONEWS.CA

Two men are dead after a crash on Dugald Road near Plessis left a truck fully engulfed in flames.

Winnipeg Police said officers in the area heard the crash just after 3 a.m. yesterday.

They rushed to the scene to find a tow truck travelling east on Dugald Road had veered off the road, slammed into a tree and burst into flames.

Winnipeg firefighters managed to put out the flames, but the two people inside were unable to escape.

The road was closed yesterday as investigators worked to identify the two victims and notify their families.

An officer at the scene said the fire burned so hot aluminum from the truck melted into the asphalt of the road.

WITH FILES FROM JAMES TURNER

JAMES TURNER/METRO

▶ An officer walks away from the scene of yesterday's deadly crash.

Dancing. In stripes

▶ Michel Lavoie, 12, and fellow dancers in the Royal Winnipeg Ballet's (RWB) recreational division perform at Manitoba Hydro Place in downtown Winnipeg yesterday as part of the 2011 Culture Days events taking place across the province. Lavoie has graduated into the RWB's professional division.

JAMES TURNER/METRO

A ballet act in honour of Culture Days

Northeastern Manitoba in a 'Third-World state': Chief

- Few political leaders have ventured into First Nation northern ridings
- None have focused heavily on aboriginal issues or policies

One of Manitoba's aboriginal leaders says the lack of clean, running water and the third-world living conditions of Manitoba's First Nations should be a central issue in the provincial election.

Grand Chief David Harper, who represents the province's northern First Nations, said many communities in the northeast have been neglected for years.

"Here we are sitting in northeastern Manitoba and it's in a Third-World state," he said in a recent interview.

"There is a lack of running water, no running water.

"This coming winter, some kids and elders in that area, will not have any clean drinking water.

"Yet every flu season, it seems to happen that people are dying."

But as the province prepares to go to the polls tomorrow, very little has been done to woo First Nation voters. Some leaders have said they are "championing" aboriginal issues, but Harper hasn't seen that yet.

"If you are championing the issue and you still have Third-World living conditions in northern Manitoba, you can't say (you are) championing the issue," said Harper, grand chief of the Manitoba Keewatinowi Okimakanak.

Still, some aboriginal leaders say many First Nations voters feel estranged from the provincial political process and this election may not change that.

THE CANADIAN PRESS

1 news

Two new reports from Oxfam paint an unnerving portrait of Afghanistan's human-rights record. Scan code for story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at metronews.ca

The persistence of the European debt crisis likely means we're in for another up-and-down week on the stock market. Video at metronews.ca/video

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NDP's punches may bruise

Tory Leader Hugh McFadyen spends election defending himself against 'secret agenda' attack ads Key to victory is Winnipeg's 31 of 57 seats

Just seven months ago, it seemed Manitoba New Democrats were headed to the end of 12 years in government.

The Opposition Progressive Conservatives had jumped well ahead in opinion polls.

With a fixed election date of Oct. 4 looming, NDP members had reason to worry.

Things have turned around dramatically. Two polls in recent weeks suggest the NDP has the lead in the run-up to tomorrow's provincial election and is on the verge of winning a fourth consecutive majority government — a rare feat in Canadian politics.

The reason, according to analysts, is a combination of a positive economy and negative advertising, the latter aimed squarely at Tory Leader Hugh McFadyen.

'Life is good'

While most of North America has struggled with a continued economic slowdown, Manitoba has continued its slow but steady growth.

- The provincial economy never booms, but it never busts either.
- With a low unemployment rate, a solid housing market and new government-backed mega-projects on the go, the NDP pushed the theme that life in the province is good.

"During the winter, we saw the NDP launch ... a whole series of advertisements called: 'Who is Hugh McFadyen?'" said Christopher Adams, vice-president of polling firm Probe Research.

The ads accused McFadyen of having a secret agenda to privatize Crown corporations such as Manitoba Hydro and parts of the health-care system. They pointed to his work as a policy adviser to former premier Gary Filmon, who sold off the province's phone company, and portrayed McFadyen as a dangerous risk.

A privatization plan that no one was promising became one of the key issues in the campaign.

To Adams, the NDP ads were similar to the way the federal Conservatives attacked former Liberal leader Michael Ignatieff.

Tomorrow's election could wipe the provincial Liberals from the electoral map. The party has always struggled, but won two seats in 2007 by receiving 12 per cent of the popular vote.

Recent polls suggest that support has dropped below 10 per cent. Liberal Leader Jon Gerrard has spent much of the campaign door-knocking in his own constituency.

"It's kind of interesting to see a left-of-centre party bait a right-of-centre party for once. Usually, it's the other way around,"
CHRISTOPHER ADAMS, VICE-PRESIDENT OF POLLING FIRM PROBE RESEARCH

THE CANADAIN PRESS

JOHN WOODS/THE CANADIAN PRESS

▶ The NDP's effective use of attack ads seems to have given them the edge over the Tories and the Liberals in this year's election, according to analysts.

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Who would you hire to lead Manitoba?

Readers' comments

If choosing the Premier of Manitoba were only a matter of a job interview, which provincial party leader do you think would get the job?

Jamie Arthur
34, DOWNTOWN
"I think (Liberal leader) Jon Gerrard. He comes off as honest and sincere. He seems nice."

Jennifer Farthay
38, FORT ROUGE
"Probably Jon Gerrard. He's nice and a good listener and cares about people."

Jennifer Goodwin
28, DOWNTOWN
"(Green Party leader) James Beddome, because he's young and enthusiastic ... and I think he cares a lot about what he talks about."

Mark Summerton
41, ELMWOOD
"I would probably pick (NDP leader) Greg Selinger, because he's the least smarmy out of all of them."

Allan Whiteside
22, DOWNTOWN
"If these guys were the only candidates for the job, I'd reject them all and put out another ad or get a headhunter to find someone better. They're all pretty brutal."

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CREW LAYOVERS MOVED

Air Canada to stop using downtown hotels

Winnipeg's mayor says Air Canada's decision to stop using his city's downtown hotels for crew layovers doesn't make sense.

Sam Katz says the airline and Winnipeg police have been doing a security assessment, but he says it hasn't been completed yet.

Air Canada spokesman Peter Fitzpatrick says in an email that the decision to move airline crew to different digs has been made "out of an abundance of caution."

Fitzpatrick says the move is being done on an interim basis.

Statistics Canada reported this summer that Manitoba and Winnipeg's violent-crime rate led the country last year. Street gangs and bikers have been a problem for decades.

THE CANADIAN PRESS

Escaped murder suspect nabbed

Police in Winnipeg have confirmed the capture of a murder suspect who escaped Friday from the Brandon Correctional Centre.

A spokeswoman says Robert Morand was arrested in Winnipeg on Saturday evening.

Morand, who is awaiting a court appearance on a second-degree murder charge, escaped with another inmate from a fenced, outdoor exercise area. The second inmate was captured within hours of his escape.

Morand, 22, was charged in the death of Brent Bialkowski, who was shot and killed in Neepawa in April 2010.

THE CANADIAN PRESS

No answers in blaze

DAVID WILLIAMS/EVENT HORIZONS PHOTOGRAPHY/CHRISD.CA

▶ Thick black smoke is seen along the horizon Saturday after a plastics recycling plant caught fire.

Cause of Transcona industrial fire unknown ◐ No reported injuries

There are no answers to what caused a massive industrial fire in Transcona Saturday, forcing the evacuation of nearby residents.

Residents from 15 homes were told to leave Saturday but were let back into their houses later that night as firefighters fought a large, stubborn blaze centred around a plastics-recycling plant, with secondary fires sprouting along the area's grassy lands near the railway tracks.

Businesses along the Don Valley Parkway were also evacuated, and Gunn Road at Redonda Street was also closed by emergency personnel.

The fire spewed thick black plumes of smoke through the air, which could be seen throughout most of Winnipeg. One resident claimed to have seen the flames shoot "at least 25 feet" in the air.

There were no reported injuries.

Strong winds on Saturday only helped to spread the flames quicker, and Winnipeg firefighters were helped by crews from East St. Paul and the Rural Municipalities of Springfield and St. Clements.

ELISHA DACEY

3

The fire is the third in nine years at the plant. The last fire, in 2008, took three days to put out.

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Serbian police detain extremists

Gay pride event and anti-gay protests banned due to fears of violence Authorities criticized for plan

Serbian police detained six people yesterday and prevented a gathering of a pro-Russian far-right group that threatened to burn an EU flag and spit on the portrait of the U.S. ambassador in Belgrade.

Police issued a ban on a gay pride event and anti-gay protests this year, saying that extremists had planned to set fires in Belgrade and provoke clashes that could lead to bloodshed and wider unrest.

Serbia has faced Western pressure to protect gay and other human rights activists if it wants to one day join the European Union.

100

Number of people who were injured during last year's gay pride parade in Belgrade.

The six who were arrested on Sunday in central Belgrade had masks and baseball bats, said senior police official Srdjan Grekulovic.

Police also prevented a protest on nearby Mount Avala by the Nasi group — an affiliate of a Russian organization of the same name — which was going to burn the EU flag and spit on Ambassador Mary Warlick's portrait, Grekulovic said.

Nasi said that police took away the portrait of Warlick, who earlier this week publicly supported Serbia's gay pride march and urged the Serbian authorities to secure the event.

The gay activists held an "indoor pride" event in a conference room in downtown Belgrade. They said the state ban of their gathering showed the country's weakness in the face of violent threats by extremists.

"This is the only pride we could hold," said Goran Miletic, one of the organizers.

THE ASSOCIATED PRESS

Yemen. Defection

▶ A defected army soldier holds his rifle as he stands with others on a vehicle next to the site of a demonstration in Sanaa, Yemen, yesterday.

HANI MOHAMMED/THE ASSOCIATED PRESS

Soldiers killed by warplane

Calls for the resignation of Yemen's President Ali Abdullah Saleh continued to grow a day after a government warplane bombed an army position in southern Yemen, killing at least 30 soldiers. The strike appeared to be a mistake, but the soldiers hit were from a unit that had defected to side with protesters seeking the president's ouster.

Biden's brother OK after powder scare

The brother of Vice-President Joe Biden says he was kept overnight at a Florida hospital after opening a suspicious package containing a powdery substance.

The envelope was mailed to Francis Biden's Ocean Ridge home. Biden tells The Palm Beach Post that his girlfriend retrieved the package from his mailbox Saturday afternoon, but that he opened it.

Biden says white powder spilled from the envelope onto his skin. He says he immediately called authorities, who evacuated neighbours and closed the street.

Biden and his girlfriend were taken to a hospital. The woman was released Saturday, and Biden was released yesterday morning.

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Philippines reeling in storms' wake

Hundreds of villagers marooned after back-to-back typhoons Dozens killed due to flooding

Rescuers scrambled yesterday to deliver food and water to hundreds of villagers stuck on rooftops for days because of flooding in the northern Philippines, where back-to-back typhoons have left at least 59 people dead.

Typhoon Nalgae slammed ashore in northeastern Isabela province Saturday and then barrelled across the main island of Luzon's mountainous north and agricultural plains, which were still sodden from fierce rain and winds unleashed by a howler just days earlier.

Nalgae left at least three people dead Saturday. Typhoon Nesat killed 56 others and left 28 missing before blowing out Friday.

The latest storm

- Nalgae was whirling over the South China Sea and heading toward southern China late yesterday, 370 kilometres from the Philippines' northeast coast, with sustained winds of 120 kilometres per hour and gusts of 150 km/h, according to the Philippine government weather agency.

Nalgae roared through parts of Luzon that had been saturated by Typhoon Nesat, which trapped thousands on rooftops and sent huge waves that breached a seawall in Manila Bay.

Nesat then pummelled southern China and was downgraded to a tropical storm just before churning into northern Vietnam.

Seven towns north of Manila were still flooded yesterday, including Calumpit in rice-growing Bulacan province, where hundreds of residents remained trapped on rooftops in four villages for the fourth day, many desperately waving for help.

Nalgae was the 17th weather disturbance this year to batter the disaster-prone Philippines.

A low pressure area has been monitored 700 kilometres off the archipelago and could either dissipate or strengthen into another storm in the next few days, forecaster Gener Quitlong said.

THE ASSOCIATED PRESS

BULLIT MARQUEZ/THE ASSOCIATED PRESS

Philippine Marines drive through floodwaters yesterday as flooding north of Manila continued for the third day.

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Art. Attack

▶ A woman checks out one of the three elements of Barricades 2011, a three-metre-tall caution-tape wall, on Toronto's Yonge Street during the sixth instalment of the city's Nuit Blanche on Saturday night.

STEVE RUSSELL/TORSTAR NEWS SERVICE

Nuit Blanche celebrates creativity

The Barricades 2011 display had three common urban barriers: caution tape, plywood and police barricades. During Nuit Blanche, Toronto's downtown is transformed by the work of hundreds of artists in a celebration of contemporary art.

Dewar enters NDP leadership race

Worked as aid worker in Central America, public school teacher, union executive before winning at polls

Paul Dewar shunned flashy endorsements from party heavyweights as he yesterday launched a grassroots bid to lead the federal New Democrats.

Touting himself as a champion of the party's rank and file, the Ottawa MP surrounded himself with several hundred enthusiastic supporters to celebrate his campaign kick-off.

"Our New Democratic Party starts with the grassroots — pretty evident here today, I would suggest," Dewar told the cheering crowd crammed into a tiny room.

"For me and thousands like you, working hard, growing our party are the bedrock for electoral success."

ADRIAN WYLD/THE CANADIAN PRESS

▶ Paul Dewar

Dewar's approach was in stark contrast to that of party president Brian Topp, the perceived frontrunner in the early stages of the race, which culminates with a leadership vote on March 24.

Topp, the first out of the leadership gate, held a formal news conference to launch his bid last month, accompanied by former leader Ed Broadbent and Quebec MP Francoise Boivin.

With the party hoping to build on last May's historic electoral breakthrough in Quebec, Dewar frankly acknowledged his laboured French is a handicap.

"French is very important to me and I'm working on it every day. It's a challenge but I will overcome this challenge and take on Stephen Harper in both official languages," he vowed. **THE CANADIAN PRESS**

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PMO kept MacKay in dark, says new book

Prime Minister Stephen Harper's office was so seized with controlling public opinion of Canada's shooting war in southern Afghanistan that even Defence Minister Peter MacKay wasn't always in the loop, says a new book about the conflict.

The Savage War, by Canadian Press defence writer and Afghanistan correspondent Murray Brewster, paints a portrait of a PMO keen to preserve its tenuous grip on minority power and desperate to control the message amid dwindling public support for the war.

MacKay, who took over Defence from Gordon O'Connor in August 2007, was blindsided by the Harper government's decision later that year to set up a blue-ribbon panel to review the mission headed by former Liberal cabinet minister John Manley, Brewster writes.

"It wasn't discussed with the broader cabinet, no," the minister says in the interview. "I didn't know all of the specifics."

Jack Layton knew even less. In interviews before his death earlier this year, the late NDP leader confides to Brewster that Harper never once tried to engage him in an in-depth discussion about Canada's deepening involvement in a deadly counterinsurgency effort. **THE CANADIAN PRESS**

SEAN KILPATRICK/THE CANADIAN PRESS

▶ Prime Minister Stephen Harper, left, and Defence Minister Peter MacKay look out from a bunker as they visit a forward operating base in the district of Sperwan Ghar, Afghanistan, in May.

Redford downplays gender issue

Alison Redford, set to become the first female premier of Alberta, downplayed the gender issue yesterday, saying party voters marked Xs not for an X chromosome but for a broader desire for change. **THE CANADIAN PRESS**

Brand tweets about travel ordeal

Call it a case of social media confusion.

Comedian Russell Brand used Twitter to let fans know a show in Orillia, Ont., scheduled for Saturday night had been postponed.

In a series of cryptic tweets, Brand told fans that his show was postponed because he was not allowed to enter Canada.

But Casino Rama, the venue operator, tweeted back to let fans know he wasn't turned away at the border.

Instead, Casino Rama says there was a technical issue with his plane and he never left California.

Brand apparently wanted customs officials to allow a plane to land in Orillia, where there is no international airport.

"HELP! I'm gonna be late for Casino Rama show unless someone can force Canadian customs officials to let us land in Orillia!" he wrote Saturday afternoon.

Then: "Let me in! I must perform at Casino Rama, Orillia tonight at 9 for 5000 Canadians."

JOEL RYAN/THE CANADIAN PRESS

▶ Russell Brand

Later, the comedian known for his self-aggrandizing rock star persona and run-ins with the law, confirmed that his show would have to be postponed.

"Tonight's Casino Rama show postponed. I'm sorry. I can't enter Canada. We must abolish the borders between our nations AND our minds," he said.

But a spokesperson from Casino Rama retorted during the Twitter exchange that Brand had not been held up by border officials, rather a technical issue with his plane was to blame. **THE CANADIAN PRESS**

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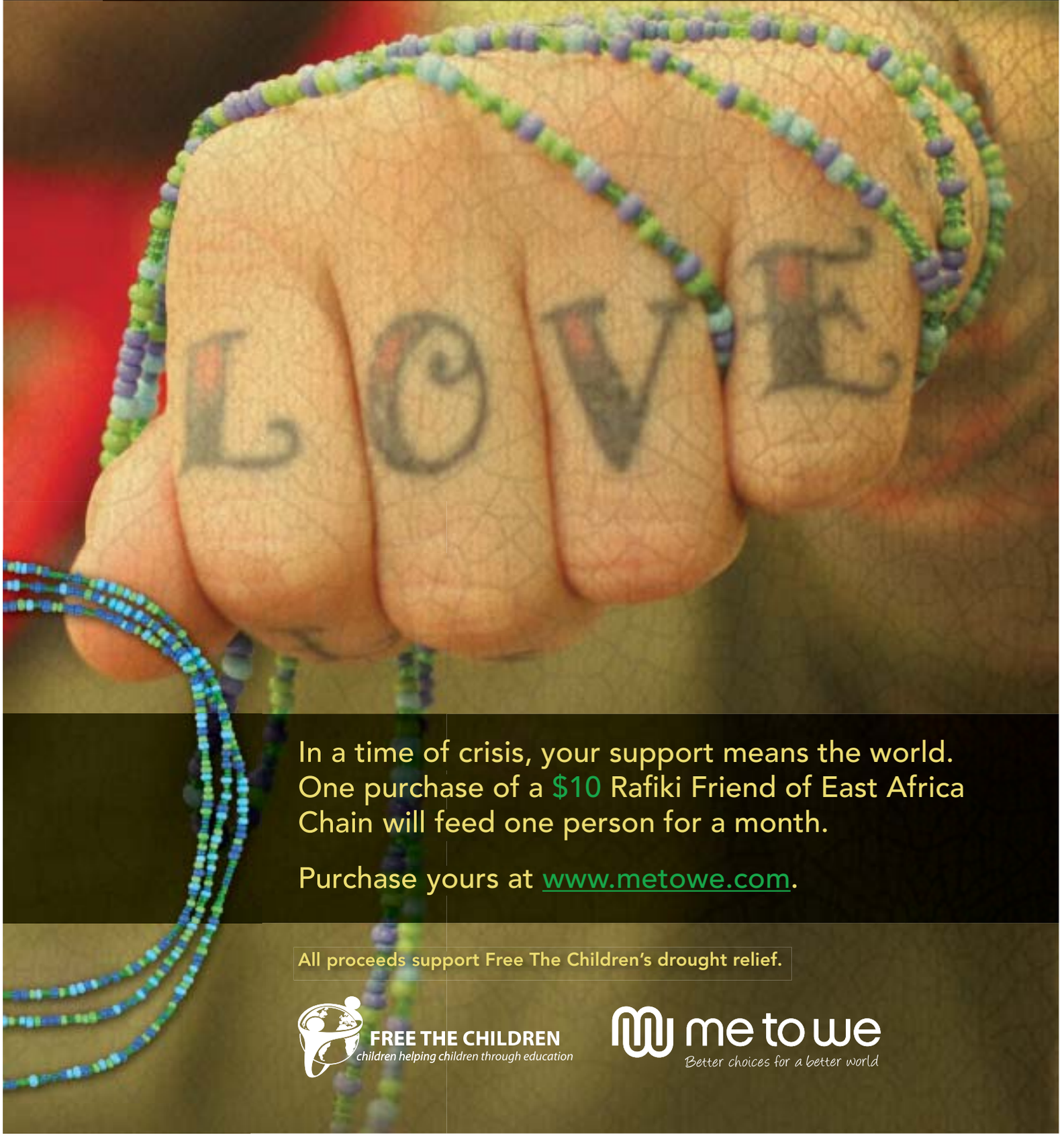

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Red notice 'is political'

- Gadhafi's son denies allegations of corruption and intimidation
- Al-Saadi fled to Niger last month and is on Interpol's most-wanted list

Influential roles

Moammar Gadhafi's eight adult children have played influential roles in Libya, from commanding an elite military unit to controlling the oil sector. Al-Saadi, 38, at one point played in Italy's professional soccer league but spent most of his time on the bench.

- Another Gadhafi son is with his daughter Aisha and wife in neighbouring Algeria — along with other family members — while Khamis Gadhafi, who led the Khamis Brigade that fought in the west, was reportedly killed in battle, although that was never confirmed.

Moammar Gadhafi's son, al-Saadi, denied allegations of corruption and intimidation and called Interpol's decision to put him on the equivalent of its most-wanted list political, according to an email sent yesterday.

Al-Saadi Gadhafi is under house arrest in Libyan neighbour Niger, where he fled after Tripoli fell to revolutionary forces. His father and two of his brothers are in hiding, presumably inside Libya, as fighting between revolutionary forces and Gadhafi's loyalists continues on three fronts.

Al-Saadi "regrets the issue of a red notice by Interpol and strenuously denies the charges made against him," an email forwarded to The Associated Press said.

Interpol issued a red notice for al-Saadi last week based on accusations he misappropriated property and engaged in "armed intimidation" when he headed the Libyan Football Federation. He also was a special forces commander and is the subject of UN sanctions for commanding military units involved in repression of demonstrations.

The international police agency said the notice was issued in response to a request by the Libya's National Transitional Council, which has assumed leadership of the North African nation. Niger, which borders Libya on the south and long benefited from Gadhafi's largesse, has said it would study the question.

In the email, al-Saadi called the Interpol notice a "clear political decision to recognize the de jure authority of the National Transitional Council taken without appropriate regard to the current absence of a functioning, effective and fair system of justice in Libya."

It said al-Saadi "worked tirelessly to promote football in Libya, priding himself on the fact that Libya was formerly selected to host the 2013 Africa Cup of Nations." It added that Gadhafi's son "continues to call on all sides to seek a negotiated and peaceful resolution to the present conflict." THE ASSOCIATED PRESS

ABDEL MAGID AL-FERGANY/THE ASSOCIATED PRESS FILE

▶ In this undated photo, al-Saadi Gadhafi, son of Libyan leader Moammar Gadhafi, watches a military exercise in Zlitan, 140 km southeast of Tripoli.

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Syria opposition forms council

Syrian dissidents yesterday formally established a broad-based national council designed to overthrow President Bashar Assad's regime, which they accused of pushing the country to the brink of civil war. Syrians took to the streets in celebration, singing and dancing.

In a restive northern area, meanwhile, gunmen killed the 21-year-old son of Syria's top Sunni Muslim cleric in an ambush, the state-run news agency reported. The cleric, Grand Mufti Ahmad Badreddine Hassoun, is considered a close supporter of Assad's regime.

The announcement of the Syrian National Council at a news conference in Istanbul appeared to be the most serious step yet to unify a deeply fragmented opposition. It follows five days of intense battles between the Syrian military and army defectors in the country's central region that raised the spectre of all-out armed conflict.

Prominent Syrian opposition figure Bourhan Ghalioun, who read out the founding statement of the SNC at the news conference in Istanbul, accused the regime of fomenting sectarian strife in Syria to maintain its grip on power.

"I think that this (Assad) regime has completely lost the world's trust," he said. "The world is waiting for a united Syrian (opposition) that can provide the alternative to this regime, so that they can recognize it," he added.

THE ASSOCIATED PRESS

SYRIAN STATE TV VIA APTN/THE ASSOCIATED PRESS

▶ In this image from a Syrian state television interview broadcast on Aug. 21, President Bashar Assad says his security forces are making gains against a five-month-old uprising and says his government is in no danger of falling.

Morocco dismantles terror cell

An al-Qaida-linked militant cell planning attacks against foreign companies has been dismantled by Moroccan authorities, the state news agency reported.

The five-man group was operating in the cities of Casablanca and Sale and one of the members was related to a high-ranking al-Qaida operative in Iraq, the report quoting the national intelligence agency said late Saturday.

The group planned to attack "Western interests" and foreign companies in Morocco, as well as prison facilities, the report said, adding that the group was in touch with al-Qaida operatives in Iraq, Turkey, Yemen, Somalia and Syria. Group members were trying to learn how to construct bombs through online contact with explosives experts.

THE ASSOCIATED PRESS

Retaliation

Al-Qaida's North African branch has rarely carried out attacks in Morocco.

- In an August video message posted on online jihadi forums, the organization promised renewed attacks all over Africa in retaliation for the killing of Osama bin Laden.

JEFF MCINTOSH/THE CANADIAN PRESS

▶ Roderick Hazewinkel packs water samples into a cooler on the shore of the Athabasca River, down stream from many oilsands projects near Fort McMurray, Alta.

Keeping close tabs on the oilsands

Federal and Alta. governments pledged to upgrade monitoring last year following release of scathing reports

Rod Hazewinkel fills a jar with water from Alberta's Firebag River, a short helicopter ride from the oilsands. Tiny oil slicks bubble from the muck.

This spot, one of dozens monitored, isn't near any oilsands mines. The blobs floating down the clear brown river come from the oilsands themselves — not the energy development that exploits them.

"There's a natural level of contamination," says Hazewinkel, a limnologist with Alberta Environment and the provincial scientist responsible for environmental monitoring. "Industrial contamination is a small part of that."

Last year, the federal and Alberta governments announced major revamps to how they track the impact of tens of billions of dollars in oilsands development.

Protesters have been citing environmental concerns in opposing TransCanada Ltd.'s proposed Keystone XL pipeline to the U.S. And, tomorrow, the federal auditor general is to release an assessment of how well Ottawa has kept up with the impacts.

"It's a world-class resource and it needs a world-class monitoring system to assure us that the resource is being developed sustainably and responsibly," says Dan Wicklum, Environment Canada's director of water science. "We must have that assurance in order to do business."

THE CANADIAN PRESS

Wall Street protesters keeping up the march

STEPHANIE KEITH/THE ASSOCIATED PRESS

▶ Police arrest a protester on New York's Brooklyn Bridge during Saturday's march by Occupy Wall Street.

Protesters speaking out against corporate greed and other grievances were maintaining a presence in Manhattan's Financial District yesterday even after more than 700 of them were arrested during a march on the Brooklyn Bridge Saturday in a tense confrontation with police.

The group Occupy Wall Street has been camped out in a plaza for nearly two weeks staging various marches, and had orchestrated an impromptu trek to Brooklyn. They walked in thick rows on the sidewalk up to the bridge, where some demonstrators spilled onto the roadway after being told to stay on the pedestrian pathway, police said.

The march shut down a lane of traffic for several hours. The majority of those arrested were given citations for disorderly conduct and were released, according to police.

The group had meetings and forums planned for yesterday at Zuccotti Park, the private plaza off Broadway they have occupied.

Protesters also assembled Saturday in Albuquerque, New Mexico, Boston and Los Angeles to express their solidarity with the movement in New York. THE ASSOCIATED PRESS

March footage

- The NYPD released video footage to defend its stance on the arrests made.
- Videos taken show a confusing, chaotic scene with some protesters screaming obscenities at police and officers struggling with people refusing to get up.

Seaway strike looms

Negotiators are battling to prevent a strike that would shutdown the St. Lawrence Seaway, a major North American shipping route. Some 450 workers are set walk off the job at noon today. THE CANADIAN PRESS

Market moment

PRICES AS OF 5 P.M. FRIDAY

TSX	Dollar	Oil	Natural gas 1,000 cu ft
- 62.48 (11,623.84)	- 1.07¢ (95.40¢ US)	- $2.94 US ($79.20 US)	$3.666 (- 8.1¢)
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AIR CANADA, GROUND THIS PLAN

URBAN COMPASS

COLIN FAST
METRO WINNIPEG

When word first leaked about an internal Air Canada memo about safety concerns in downtown Winnipeg, it looked like it could be an embarrassing story for the NDP in the closing days of the provincial election campaign.

But now that we've seen the memo, it's clear the embarrassment sits with Air Canada, a company whose ability to attract negative publicity is far more reliable than its flight schedule.

In a nutshell, Air Canada is no longer allowing its layover flight crews to stay at downtown hotels, because 1,000 "displaced people" from rural Manitoba have made the area too dangerous. The "displaced" in question are almost exclusively evacuees from several First Nations communities that have been flooded around Lake Manitoba.

"While many local organizations have banded together to provide activities and support for flood evacuees, Air Canada has tagged them all as a criminal threat."

While many local organizations have banded together to provide activities and support for flood evacuees, Air Canada has tagged them all as a criminal threat. That's just the kind of uplifting news you want when you've been forced out of your home and into a hotel room for months.

I assume the airline's manager of flying operations never thought his memo would become headline news. If there weren't an election on now, maybe it never would have been. But being naive isn't an excuse for being ignorant.

That same thought applies to the Tories, who have been using the Air Canada memo to score points against the NDP. Now that we've seen the airline's real rationale, the PCs would be well-advised to drop this line of attack.

I wandered through downtown yesterday to test the airline's theory, stopping in Air Canada Park to work on this column for a while. And, while there, I was approached by a pair asking if I had any spare change. Both encounters were far more polite than the last time I had to deal with an Air Canada employee.

I asked one of the men if he thought downtown had become more dangerous in recent months. He replied by saying "No, it's the same as always." Perhaps not a ringing endorsement for downtown safety but it also doesn't support Air Canada's theory that downtown has been transformed into a den of danger over the summer.

As an employer, Air Canada has a responsibility to ensure the safety of its staff. But as a corporate citizen with a significant presence in downtown Winnipeg, the company also has a responsibility to help make the city a better place to live for everyone.

Running away is not helping. And labelling a group of disadvantaged people as a threat is its own crime of opportunity.

Colin Fast is a corporate communicator who blogs about life in Winnipeg at policyfrog.com.

Empowering newcomers through language skills

NEWS WORTH SHARING

Media will always have to report on the tough stuff. But we know that Canada is full of compassionate individuals, inspiring projects and stories worth celebrating. Here's just one.

Sometimes the greatest gift you can give someone is their voice.

"I started my first conversation in group yesterday. When I went home I told my family. It was one of the happiest days in Canada." These are the words of Ayan, a newcomer to Canada, and a user of the Access English Centre at Immigrant Centre Manitoba. With participants coming from over 50 countries of origin, it's a place for newcomers to practise their English in free, learner-led conversation groups.

Groups are facilitated by community volunteers, who this summer gave an amazing 648 hours of volunteering, totalling an in-kind donation of almost $13,000! Group sessions are invaluable not just for language skills, but for the life skills needed to thrive in Winnipeg — and the development of long-lasting friendships.

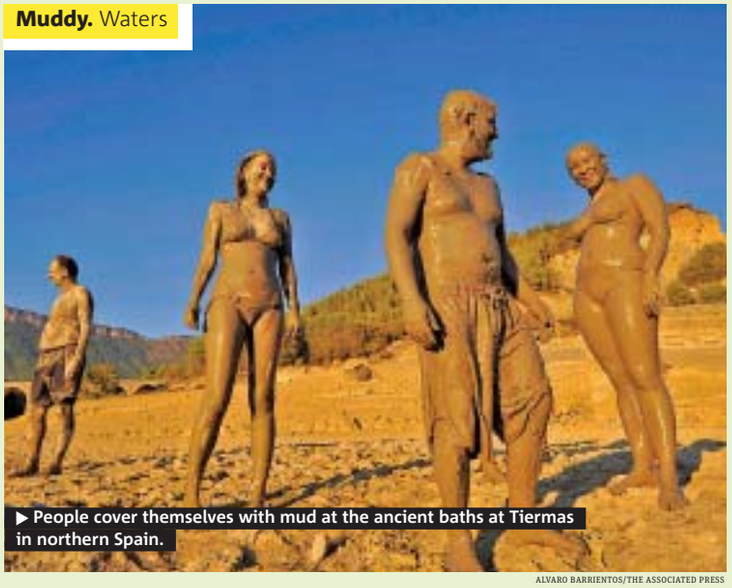
CRAIG AND MARC KIELBURGER

Help the good news get around. Send your stories of local heroes and positive action to goodnews@metowe.com and we will share them right here.

Tweets

- **@jaimeleedee:** Together, my Mom and I raised $856 for Run for the Cure this year. We are extremely thankful for our supporters. #Winnipeg
- **@CarChen:** Whenever I see that Tim Hortons commercial w/ the dad visiting daughter, I always think she's in T.dot and dad wants her back in #Winnipeg
- **@DalydeGagne:** Too many of our cops, well intended as most are, have forgot or never learned to talk effectively, so resort to violence. #winnipeg
- **@Colin_Lougheed:** Maybe #Winnipeg should cut #AirCanada some slack? They're just used to a standard of comfort that only post-9/11 air travel can provide.
- **@smithwesterner:** i wish i lived in winnipeg so i could say i lived in "winnie" but at least minnesota is "minnie"
- **@Padeeo:** Plenty, plenty of undeveloped parking lots and abandoned spaces in downtown Winnipeg. Not on waterfront! River is public amenity!
- **@ikcotol:** Katz is out of touch when it comes to the downtown, but the #Winnipeg Police have stepped it up on #Jets nights. Does #TNSE foot the bill?

Muddy. Waters



▶ People cover themselves with mud at the ancient baths at Tiermas in northern Spain.

ALVARO BARRIENTOS/THE ASSOCIATED PRESS

Photo of the day

People flock to the area in the fall when the water level of Yesa reservoir is at its lowest. The water there is said to have healing properties.

WEIRD NEWS

@thaiPM, you've been hacked

A mocking hacker took over the Twitter account of Thailand's recently elected PM yesterday, questioning her ability to defend the country if she cannot even secure her own tweets.

The unknown hacker ended a series of at least eight postings on the account of Prime Minister Yingluck Shinawatra with a taunt: "If she can't even protect her own Twitter account, how can she protect the country? Think about it."

Most of the messages accused Yingluck's government of incompetence and cronyism. Her Pheu Thai Party won a landslide election victory in July, but critics charge she is just a puppet of her brother, former Prime Minister Thaksin Shinawatra. Thaksin was ousted by a military coup in 2006 after being accused of corruption.

"This country is a business. We work for our allies, not for the Thai people. We work for those who support us, not those who differ with us," said one tweet. Another said: "Where are the opportunities for the poor? We use them, give them hope for votes so our own group can benefit." THE ASSOCIATED PRESS

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Stars shine on Walk of Fame

Comic Russell Peters, astronaut Roberta Bondar among six Canadians given stars

PHOTOS: AARON VINCENT ELKAIM/THE CANADIAN PRESS

▶ Musician Burton Cummings now has two stars on the Walk of Fame, one with his band The Guess Who, and now an individual star.

Comic superstar Russell Peters showed up at Canada's Walk of Fame hoisting one of his greatest recent achievements — baby Crystianna, whom he clutched against his chest as he walked the red carpet to greet fans and media on Saturday.

The proud papa said it was the first red carpet gala for his 10-month-old daughter, "unless she's been sneaking out at night and crawling on red carpets," he quipped.

Peters was among six famous Canadians who were awarded stars on the Walk of Fame, including musician Burton Cummings, actress Sandra Oh, astronaut Roberta Bondar, tennis star Daniel Nestor and the late author Mordecai Richler.

"It's very surreal because when I said I wanted to be successful I just meant, 'Make a living,' I didn't really think, 'Get a star,' I didn't think, 'Have people know my name,'" Peters said later as he took the mic at an outdoor stage to acknowledge hundreds of fans who lined a red carpet on a frigid afternoon.

"To have people want to step on my (name) on the street is pretty cool. I can't wait for when it's really in the ground and somebody gets hammered and pukes on my name. Somebody better twitpic that to me as soon as that happens because that's when I know I really came up."

Before heading into a downtown theatre for a formal induction ceremony, a smiling Cummings said he was especially proud to be honoured for a second time. He noted that he was recognized along with his band The Guess Who in 2001.

"The Walk of Fame is a huge deal — you consider the names that are down there, people like Donald Sutherland, legendary movie people, Ivan Reitman and (Dan) Aykroyd," said the Winnipeg-born hitmaker.

Cummings said he was a big fan of Oh in particular, and referred to her 2004 comedy Sideways as "one of the greatest movies ever."

Oh said she was thrilled to meet Burton and Bondar and expressed credulity that her signature will be on a Toronto sidewalk.

"It's just quite hilarious and odd and I never thought that this would happen," said Oh, now best known for her co-starring role on the TV medical drama Grey's Anatomy.

Richler's widow Florence attended on Richler's behalf, and was escorted by their journalist son, Noah Richler. She said her husband would have been "amused" by the fanfare, adding that she herself felt the honour was "overdue."

Movie star Ryan Reynolds was initially slated to be honoured, too, but organizers said he was unable to attend and would be inducted at a later date.

Many of the adoring fans turned out to see Toronto rapper Drake, who was to be presented with the Allan Slaight Award recognizing achievements by a young Canadian. But organizers said the rap superstar was running late and had to skip the red carpet.

Surrounded by glitz and glamour, Nestor called the experience "overwhelming."

"I'm not used to the red carpet," the towering tennis pro admitted as he walked down Yonge Street, which was shut down and swathed in red for the afternoon.

Bondar said she was inspired to excel by her family and high school teachers. "It's good for Canada to be able to see there are other things besides sheer entertainment and comedy — that we can do other things and still be recognized," said Bondar, who was the first Canadian woman and the second Canadian astronaut in space.

THE CANADIAN PRESS

▶ Singer Chantal Kreviazuk and her husband Raine Maida were on hand at the red carpet event to award stars on Canada's Walk of Fame.

2 scene

Box office

A dolphin has dethroned The Lion King at the weekend box office. Dolphin Tale held up well with $14.2 million in its second weekend to take over at No. 1 from The Lion King, which had been the top movie the last two weekends. Studio estimates Sunday showed The Lion King slipping to third-place with $11.1 million, just behind Brad Pitt's Moneyball, which was No. 2 in its second weekend.

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Russell Brand to be first guest on Rosie O'Donnell's new Oprah Winfrey Network talk show.

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The drama of politics

Film and stage veteran Jeffrey Wright brings his inside knowledge of Washington to The Ides of March Finds perks of politics alluring

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METRO WORLD NEWS IN HOLLYWOOD

For Ides of March, his political drama about a fictional Democratic presidential primary race, director and star George Clooney put together a stellar cast.

And when it came to casting the role of Sen. Thompson, a primary rival of Gov. Morris (Clooney) whose endorsement could mean a nomination-clinching collection of delegates, Clooney knew just who to go to: film and stage veteran Jeffrey Wright.

A Washington, D.C., native, Wright relished tackling the more corrupt side of politics shown in the film. But he won't squeal when it comes to what real-life politicians he based his character on.

Your character provides a very particular commentary on politics.

Yeah, you know, I imagine the character could be perceived as having the best interests of his constituency at heart, but I read the script with just a touch of healthy cynicism, and I perceived him to be pretty much an egoist and an opportunist, which I have to say I have witnessed in some of the players down in Washington in my experiences down there — not all. There's a dynamic at work there among not only the politicians but among those who surround them, a desire to be out front, to be in a position of authority — or at least in close proximity to power — that overshadows too often, I think, the desire to do good work.

It's hard not to be at least a little cynical about politics, especially considering current events.

Yeah. Sure, sure. I mean, at the end of the day you see folks just losing sight of what the point is. The point is to lead the country in the best way forward for as many people as possible. But it's so alluring. It must be just incredibly seductive and alluring, the lifestyle and the influence and the access and the perks.

It's a big business.

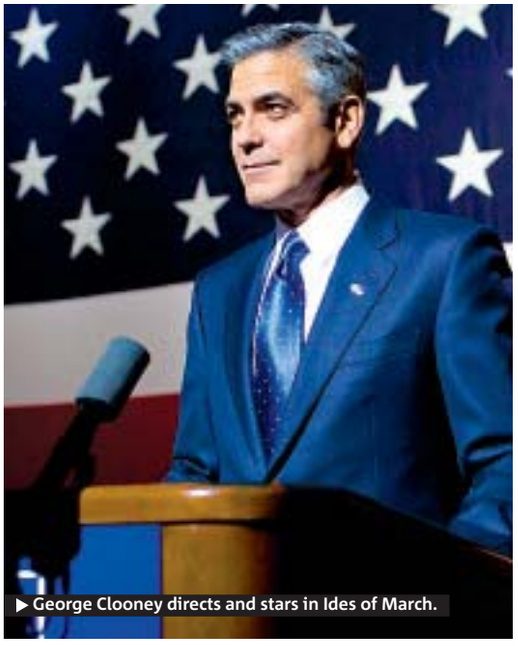
It is, it is. It's a huge business. When you look at the numbers, it's the biggest business. There's no other sector in the world that talks in trillions of dollars the way budgets are shaped. So yes, it's the biggest business. I'm really in some ways fascinated by the mechanics behind power corrupting. I was struck by the script, reading it more as a gangster story than a political story. And that to some extent is how I played it, kind of like the fourth sequel in the Godfather series or something, you know. (laughs)

That these guys were kind of lurking around — or at least my character was lurking around — trying to figure out the quickest and most effective means to the top.

Clooney's roots

George Clooney says his Ohio-Kentucky roots and his father's failed bid for political office influenced The Ides of March.

- **Clooney** says the movie was inspired by his father Nick Clooney's unsuccessful 2004 run for Kentucky's 4th Congressional District.
- **Many** of his character's political views are derived from his father's work as a columnist for the now-defunct Cincinnati Post.



George Clooney directs and stars in Ides of March.

Are we less OK with TV gay?

The number of gay and bisexual characters on scripted broadcast network TV has dipped slightly this season to 19 out of nearly 650 roles, according to the Gay & Lesbian Alliance Against Defamation.

The 16th annual Where We Are on TV report released Wednesday by GLAAD found that 2.9 per cent of actors appearing regularly on prime-time network drama and comedy series in the 2011-12 season will portray gay, lesbian or bisexual characters.

That's down from three per cent in the 2009-10 season and 3.9 per cent last season, when there were 23 out of a total of nearly 600 roles.The 2008-09 season saw an increased representation of 2.6 per cent.

Only five of the 19 gay and lesbian characters this season are nonwhite, GLAAD found.

Using information provided by ABC, CBS, Fox, NBC and CW, the group reviewed 91 scripted series announced to air this season. Among broadcast series with gay and bisexual characters, GLAAD cited CBS' The Good Wife, the CW's Ringer and NBC's The Playboy Club. Comedies include ABC's Modern Family and Fox's Glee.

Fox leads the networks in gay representation, with eight regular characters out of a total of 117.

The number of gay and bisexual characters on cable networks has also fallen slightly, from 35 last season to 29 in the upcoming season.

Some of TV's most popular shows "weave story lines about gay and lesbian characters into the fabric of the show," said GLAAD acting President Mike Thompson.

"Americans expect to see the diversity of our country represented in their favourite programs, and that includes gay, lesbian, bisexual and transgender people." THE ASSOCIATED PRESS

MARIO PEREZ/ABC/THE ASSOCIATED PRESS FILE

Eric Stonestreet, left and Jesse Tyler Ferguson in a scene from Modern Family.

HBO leads

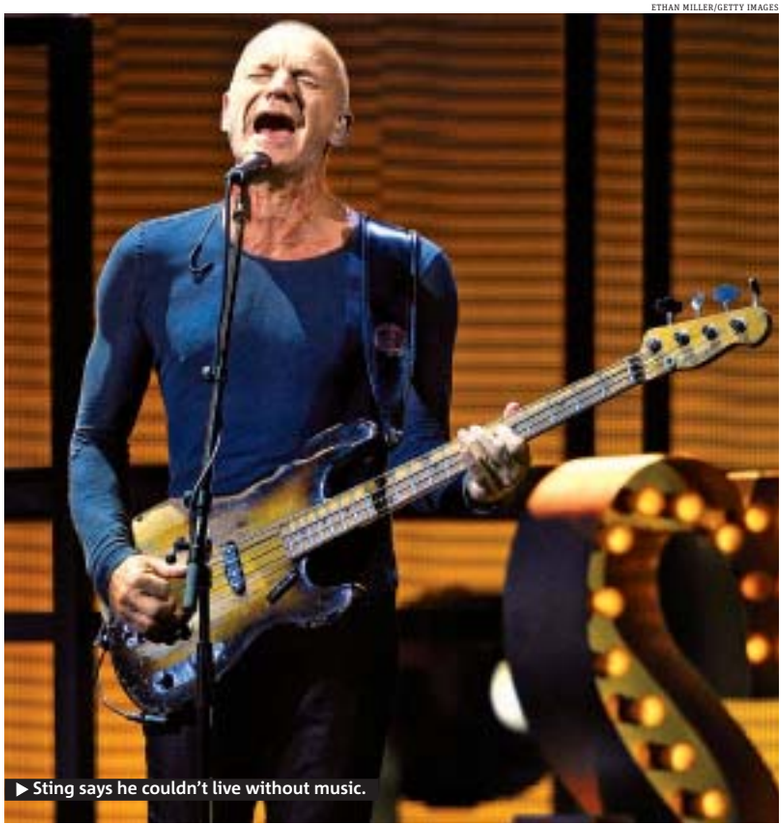
As it did last year, HBO has the greatest number of gay and bisexual characters, with 11 regular and recurring characters.

- **Showtime** is close behind with 10.
- **The HBO drama True Blood** is still among the most inclusive series on television, featuring six characters, tied with the Showtime series Shameless.

A quarter-century of going solo

As Sting turns 60, he reflects on his 25-year career as a solo artist ◗ Multiple Grammy award winner hopes to work for another 25 years

ETHAN MILLER/GETTY IMAGES



▶ Sting says he couldn't live without music.

At 85, Tony Bennett released an album that debuted at No. 1 on the Billboard albums chart this week.

Sting, who turned 60 yesterday, is hoping he will still be going strong at 85, too.

"Hopefully the next 25 years will be the same if I have it," the Rock and Roll Hall of Famer said of his own success.

"I couldn't live without music. I'd rather play music, or die."

Sting is celebrating 25 years as a solo artist; in the late 1970s he debuted as the leader of The Police, scoring massive hits with songs like Every Breath You Take and Every Little Thing She Does Is Magic. As a solo singer, he went on to sell multiple multi-platinum albums — and overall, he is the owner of 16 Grammy Awards.

This week he released Sting: 25 Years, his three-disc greatest hits set.

On Oct. 18, he will release Sting: The Best of 25 Years, which features 12 remastered tracks from his solo career.

Sting says he has no plans to release a new album, though he says he is a writing a musical-play "based on my hometown in the north of England.

"It's about shipbuilding."

It will be directed by Pulitzer Prize and Tony Award winner Brian Yorkey.

Sting will also launch his Back to Bass Tour on Oct. 21 in Boston.

He's playing the bass with a small band on the tour.

"I just did the 200-date tour with this symphony orchestra, so I just wanted to throw a curve at that and do something like I used to," he said.

Sting says though he is a veteran, he's still learning as a musician.

"It doesn't end," he said. "There's no way you can say, 'Oh, I finished learning.'

"You do that when you die."

Sting and country singer Vince Gill recently recorded a concert for the CMT series Crossroads.

The special, which features the two singing each others' hits, airs on Nov. 25, the day after the American Thanksgiving.

THE ASSOCIATED PRESS

DJ feeling good about new album

Producer collaborates with Usher, Jennifer Hudson

David Guetta wasn't chasing a monster hit when he crafted songs like the Kelly Rowland-assisted When Love Takes Over and the Black Eyed Peas' I Gotta Feeling.

The French DJ-producer didn't feel much pressure to make the tracks international smashes — though that's what the songs went on to become.

Guetta's double album, Nothing But the Beat features one instrumental offering, and a second with top acts like Nicki Minaj, Usher, Jennifer Hudson, Chris Brown, Lil Wayne, will.i.am, Sia and others.

Was it hard to not feel pressure creating this album?

It's just that now it's different because I have a name, so when an artist comes to work with me, maybe they're thinking, 'This will be big.'

But even with Usher, for example, we've been trying to work together for a long time. We had one or two sessions, and it was good, but not 'Wow. Amazing.' And we said, 'Let's wait till we have that 'wow' record.' And now we have this huge record that everyone thinks is one of the biggest records of my life and Usher was really excited about it.

Nicki Minaj appears on two songs. What was it like working with her?

Oh listen, I am so proud of her on Turn Me On. She's huge here and known for her rapping, but I don't think people thought she could deliver in terms of singing like on Turn Me On. It's crazy. She sounds amazing.

This is like top, top level singing. And when I worked with Jennifer Hudson, I was also taking her out of her box because it was like a very different style for her, but everybody knows that she has that huge voice. But I think for Nicki Minaj to show this — it's really big.

Did you work with her twice because the first session went so well?

Exactly. That's what happened: it went so well I was like, 'Wow.' I wanna work more with her, too, producing for her album. I think she's really amazing.

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Talking points

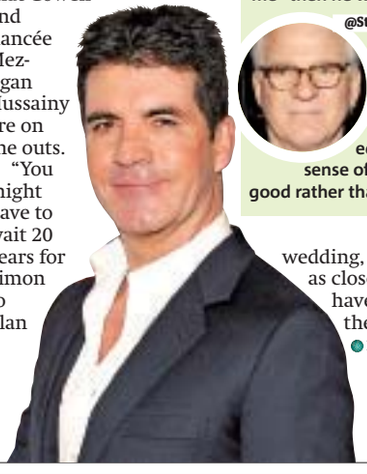
Cowell admits show biz gets in way of his relationships

NOT ON THE OUTS Simon Cowell admits that with the X-Factor taking up so much of his time, his love life — and impending nuptials — have to take a back seat.

"It has probably been the busiest year I've ever had. Making the choice to get married is something you just have to decide when the time is right," Cowell says, according to Hollyscoop.

And his rep is quick to dash rumors that Cowell and fiancée Mezhgan Hussainy are on the outs.

"You might have to wait 20 years for Simon to plan a wedding, but they are as close as they have ever been," the rep insists. METRO



Celebrity tweets

@aplusk

"When you ASSUME to know that which you know nothing of you make an ASS out of U and ME"

@joelmchale

"Come on guys, give it a break. Nancy Grace's nipple did not "slip out". It was trying to escape."

@JonahHill

"Saw a guy texting on a Segway. If he was texting anything but "Everyone's laughing at me" then he was wrong. "

@SteveMartinToGo

"After much thought, I have decided to use my sense of humor for good rather than for evil."

Kutcher and Moore seeking marital help

Rumours continue to swirl about impending split and Ashton's infidelity

ALL PHOTOS GETTY IMAGES

Ashton Kutcher and Demi Moore have reportedly been working all summer to save their relationship, though it appears the efforts were in vain.

"(Demi) and Ashton had been receiving counseling from Kabbalah over the summer to try to fix their marriage," a source tells Entertainment Tonight, adding that the couple have been living apart for some time.

Moore is said to be "sad, hurt and embarrassed" by Kutcher's latest cheating scandals and rumors about an impending split.

She's likely also troubled by the fact that Kutcher is no longer following her on Twitter. METRO

"(Demi) and Ashton had been receiving counselling from Kabbalah over the summer to try to fix their marriage"
SOURCE

▶ Ashton Kutcher and Demi Moore

Reid gets small piece of Pie

Things could get awkward on the American Reunion set if the subject of paychecks ever comes up, as producers reportedly snagged a return appearance by Tara Reid for much less than other cast members.

Reid signed on with the picture — a sequel to the 1999 film American Pie — for a reported $250,000, according to the Hollywood Reporter, while costars Jason Biggs and Seann William Scott each got $5 million and a share of grosses. And How I Met Your Mother star Alyson Hannigan earned a reported $3 million. METRO

▶ Tara Reid

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▶ George Clooney

Clooney defends ex-girlfriend

George Clooney is rushing to ex-girlfriend Elisabetta Canalis' defense after an article in Us Weekly claimed she'd sent angry text messages to Clooney and his current girlfriend, Stacy Keibler.

"I never comment on my personal life unless it affects others, and this lie affects others," Clooney said in a statement to the magazine. "Since I would be the only actual witness, I ask you to correct your story immediately, but that would assume you cared at all about telling the truth." METRO

"I ask you to correct your story immediately."
GEORGE CLOONEY

Recipes for happy guests

You cooked a roast and cheesy bread then it hits you — one guest is a vegetarian and another is gluten intolerant Food blogger Beatice Peltre shares ideas for all dinner guests

Vegetarian. Pea risotto with basil and lemon

Ingredients:

- 5 cups vegetable stock
- 1.5 tbsp unsalted butter
- 2 tbsp olive oil (more to serve)
- 1 twig lemon thyme
- 1 leek, white part only, finely chopped
- 1 shallot, finely chopped
- 1 garlic clove, peeled and finely diced
- Zest of 1 lemon
- 1.5 cup Carnaroli rice
- 1/4 cup Vermouth or dry white wine
- 5 1/2 cups vegetable broth
- 2 cups shelled green peas fresh or frozen
- 1/2 cup Parmesan
- 2 tbsp crème fraiche
- 10 basil leaves, chopped
- 1 tbsp parsley, chopped
- To serve, squeeze of lemon juice

Preparation:

1. Heat the stock and set aside. Melt the butter in a large casserole. Add the olive oil and when warm, add the thyme, leek and shallot. Soften on low heat for a few minutes, stirring occasionally.
2. Add the garlic and lemon zest and cook for one minute. Increase the heat and add the rice. Coat well for 1 minute before adding the Vermouth. Cook until absorbed, while stirring. Add 1 cup of broth at a time, and wait until it is absorbed before adding more. When you have only 1/2 cup of stock left, add the peas and stock and continue to cook until the rice is al dente.
3. Stir in the cheese, cream and herbs and stir. Stop the heat, cover and leave to rest for 2 minutes. Squeeze lemon juice on top and stir again. Serve drizzled with olive oil.

Gluten intolerant. Root vegetable soup

Ingredients:

- Olive oil
- ¼ chopped red onion
- 1 leek (white part only) chopped
- 2 twigs of thyme
- 1 tsp ground coriander
- 2 garlic cloves, minced
- 1 tsp sun dried tomato paste
- 1 tomato, peeled, cored, seeded and diced
- 1 large sweet potato and parsnip, peeled and diced
- 2 small turnips and carrots, peeled and diced
- 14 oz (400 g) peeled and diced red kuri squash
- 1 bay leaf
- 1 tbsp sugar
- 5 cups cold water

Garnish:

- crème fraiche
- ½ cup finely diced red kuri squash
- crumbled soft goat cheese
- fresh parsley
- white truffle oil

Preparation:

1. In a large pot, heat two tablespoons of olive oil over medium heat. When warm, add the onion, leek, thyme and coriander. Cook for 3 minutes until the onion and leek are soft.
2. Add the garlic and cook 1 more minute. Add the sun dried tomato paste and tomato and cook for 2 minutes. Add the rest of the vegetables, bay leaf, sugar and water. Season with salt and pepper, bring to a simmer and cover. Cook for 20 minutes. Discard the bay leaf and thyme. Transfer the soup to the bowl of a food processor and purée until smooth.
3. For the garnish, in a frying pan heat 1 tablespoon of olive oil over medium heat. When warm add the squash and season with salt and pepper. Cook 5-6 minutes until tender. Serve the soup in large bowls and top with the crème fraiche, squash, cheese, parsley and truffle oil.

3 life

Father death rates

Fatherhood may help keep a man alive. A study suggests dads are less likely to die of heart-related problems than childless men.

The study — by the AARP, the U.S. government and several universities — is the largest ever on male fertility and mortality, involving 138,000 men.

THE ASSOCIATED PRESS

Parenting advice book from teen perspective emphasizes open dialogue with kids.

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Think Pink

October marks Breast Cancer Awareness Month

Breast cancer doesn't just touch women diagnosed with this illness; it also impacts their partners, children, other family members, close friends and wider communities. The good news is that the breast cancer death rate has fallen by more than 30 per cent since 1986 and is currently the lowest it has been since 1950. And Canadian scientists continue to make headway in areas of prevention, diagnosis, treatment and management of this disease. Pauline Anderson looks at what's here and what's coming.

Bare breast stats

Get the stats on breast cancer:

- **An estimated** 23,200 women in Canada were diagnosed with breast cancer in 2010 (an increase of 500 from 2009) and 5,300 died from the disease.
- **On average,** 445 Canadian women are diagnosed with breast cancer every week.
- **One in nine** (or 11 per cent) Canadian women are expected to develop breast cancer during their lifetime (by age 90).
- **Breast cancer** also affects men; in 2010, an estimated 180 Canadian men were diagnosed with breast cancer and 50 died from the disease.
- **At present,** the five-year survival rate for female breast cancer in Canada is 87 per cent (84 per cent for men), which means that women diagnosed with breast cancer have an 87 per cent likelihood of living for five years after their diagnosis.
- **Breast cancer** death rates have declined in every age group since the mid-1990s.
- **Of the women** who undergo mammography screening, about five per cent are invited for a return visit; of these, 90 per cent are given a clean bill of health and 10 per cent undergo further investigations.

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Catching cancer with high-tech tools

Several new developments in mammography and other cancer detection technologies are helping to find breast cancer earlier And there's more in the pipeline Here's a look at what's new and what's coming

Digital mammography
This technology, which records X-ray images that can then be viewed on a monitor, is quickly replacing standard analog film systems.

"You can sharpen the image, adjust the contrast and brightness, calculate things from the image, and send the image to a doctor in another location via the Internet," says Martin Yaffe, a physicist and senior scientist at Sunnybrook Health Science Centre in Toronto and a professor of medical biophysics at the University of Toronto.

"It's a better picture and it's easier to see a cancer if it's there, and it's also easier to tell if there's no cancer."

A recent international trial that included Sunnybrook found that digital mammography detects tumors more accurately than standard mammography in younger women and those with dense breasts.

Digital mammography is probably 30 per cent more accurate at finding cancers in these women, says Yaffe.

ISTOCK

Technology is getting better at diagnosing — and treating — breast cancer.

Breast MRI (Magnetic Resolution Imaging)
Sunnybrook is also evaluating MRI scanners that are equipped to image breasts in women at very high risk for breast cancer — they either have a strong family history or carry one of the two genetic mutations known to cause this disease.

These women represent less than one per cent but they have at least a 25 per cent lifetime risk of developing breast cancer. "Breast MRI imaging is substantially better than standard mammography and is at least 80 to 90 per cent accurate," says Yaffe.

Tomosynthesis
This new 3D digital mammography machine is still at the testing stage.

The breast itself is three-dimensional, but regular mammography images of the breast are flat, "so all that information is kind of squashed down," says Yaffe.

The 3D image allows experts to observe slices of the breast in sequence, like flipping through a book, page by page. "We call it a movie loop and you're just looking at it slice by slice, very quickly," says Yaffe. Results of the study should be available in a year.

Molecular imaging
Even further down the road is an exciting new technology that depicts suspicious changes in the breast at the molecular level.

"It's almost like the cancer has a fingerprint or a signature," says Yaffe. "Instead of just looking for a mass or lump in the breast with imaging, we're looking at actual molecular signatures that tell you that something has changed at the molecular level."

This approach is "much earlier along the pathway," says Yaffe, adding it might take five or 10 years to become available.

Diagnostic probe
Researchers in Hamilton, Ont., are evaluating a new probe that when injected into breast cancer patients quickly gets picked up by cancer cells and "lit up" by a PET (positron emission topography) scanner.

Unlike a biopsy, which involves taking a small tissue sample, this new technique shows the entire tumour. The real-time images could be useful to determine — early on — whether a tumour is responding to treatment. And if it's not working, doctors may decide to change drugs or recommend surgery at an earlier point.

Low dose radiation
New mammography machines, that use half the radiation and produce better quality images than standard machines, are now in use in parts of the country.

The system eliminates the "dead" pixels found with other types of digital systems that can make the detection of cancer more difficult. Images with these new machines are delivered with a resolution that is up to four times higher than the resolution of other digital systems. Higher resolution images aid in the detection of early changes in the breast tissue.

New treatments

Scientists are developing strategies for drug treatments that are more effective.

- **SERMS (Selective Estrogen Receptor Modulators):** A new study found that treatment with tamoxifen cut annual breast-cancer mortality by 30 per cent.
- **Exemestane:** The Aromatase inhibitor significantly reduces the risk of breast cancer in some high-risk women, according to a landmark Canadian-led prevention trial.

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‘Keep climbing’

It’s been nearly a year since Metro’s Jodi Brown was told she had breast cancer right before her 39th birthday The mother of two shares her story ‘My Metro horoscope that day read: You were born to reach the top of your chosen profession. So start climbing.’

Jodi Brown is shown playing with her two boys.

A few thoughts

I’m eight weeks after treatment and odds are very, very good that I’m forever breast cancer free. But, if you are just starting this journey, here are five random insights:

- **Hot girls get breast cancer.** You’re in good company. Think Christina Appelgate, Sheryl Crow, Kylie Minogue…
- **Real hair wigs are worth every penny.** Don’t let anyone convince you that the synthetic hair wig at half the price will do. It won’t. It gets fuzzy and awful and looks bad.
- **Eyelashes have a purpose other than batting at boys.** Who knew? Wear sunglasses when riding a bike during chemo or bugs and dust will make your eyes tear up.
- **During chemo,** when your brain is fuzzy, like really, really fuzzy, remember some people feel like that ALL the time.
- **Don’t take your horoscope literally.** But keep climbing.

In the middle of my workday — climbing to the top of my chosen profession of course — I went to my doctor’s office.

My actual doctor, let’s call him Dr. D (because that’s what I actually call him) wasn’t there so the doctor on duty, let’s call her Doctor XX (because I can’t remember her name), did a routine breast exam.

While palpating around she felt something and had me feel it too. Something small, hard and round — like a pea. Textbook right?

She reassured me that it was probably a cyst and would likely shrink or clear in a week or two. Days passed, then weeks, and it didn’t. Not even a little bit.

I hadn’t planned to tell my boyfriend. If it turned out to be cancer, I was going to make an excuse to break up with him. I mean, who would ask a brand spanking new boyfriend to deal with Cancer Girl.

And then, out of the blue, he noticed the little lump. There it was. He reassured me that he wasn’t going anywhere. I replied that I wouldn’t give him the choice. When I got my diagnosis I called and told him to break up with me, but he still wouldn’t.

Dr. XX was there for my follow-up. She told me there was still no reason to worry; it could be a lot of things. I cried anyway. She took pity and sent me for an ultrasound and mammogram to ease my mind.

I called my best friend to meet me for support. As we waited in the hallway (men aren’t allowed in the actual waiting room), I told him I was sure I had cancer. He crumpled up the package from the bagel he’d brought me and tossed it at me. We played paper bag catch for the next hour — it felt like 10 — while we waited.

I was eventually brought in and squished in the mammogram machine. The results were negative. It was double-checked with an ultrasound, and it took the doctor less than a minute to tell me that the lump I’d been obsessing about for two weeks was a lymph node that had floated down into my breast. It was absolutely nothing to worry about.

I was ready to jump up and kiss him on the mouth when he said he saw something in a different part of my breast. He was 99 per cent certain it was nothing, just a little cloudiness on the ultrasound, but he’d recommend a biopsy to be sure. I charmed him into performing the biopsy right there on the ultrasound table.

I walked back into the hall and hugged my BFF. I didn’t have cancer. We had a beer. I went home that night and told my two sons I was sorry I had been acting weird for the last two weeks. “I thought I had cancer but I don’t.” Then I did the “I don’t have cancer” happy dance. They were unimpressed. I’m a terrible dancer.

I returned to Dr. D’s a week or so later for a referral for one of my sons. After 20 minutes waiting in his office, I was getting pissed. The doctor walked into the room with my file, not my son’s.

“You have cancer.” (Well, you already know this isn’t an I-don’t-have-cancer story.) “Listen, I wouldn’t want to be sitting in your chair but if I had to be sitting in your chair and be told I had cancer, I’d want to be told I had breast cancer. It’s one of the ones we now understand, and typically the prognosis is good. I’m going to refer you to the breast centre.”

I had a surgery decision to make. There was cancer in my right breast for sure, but seven biopsies on the left side later and it was still uncertain if it was in both.

Testing positive for BRCA (the “breast cancer gene”) gives you a 60 per cent chance of developing breast cancer in your lifetime. I decided to get a bilateral mastectomy because I was reasonably sure I’d test BRCA positive — my grandmother had breast cancer and I’m of Ashkenazi Jewish decent, which also increases my chances. (My results, which came back months after my surgery, determined I didn’t carry the gene.)

And — more importantly for me — I had decided to have breast reconstruction at the same time as the mastectomy, and I figured if you have to get one new breast, you might as well get the other to match.

Jodi with her boyfriend Matt.

After surgery I woke up high as a kite on morphine. It wasn’t easy to come out of that surgery, but without the breast reconstruction it would have been 1,000 times harder.

I later learned that Dr. C gave my sisters and my boyfriend high fives while I was in the recovery room. The surgery had gone well and by all early accounts I wouldn’t need radiation because it didn’t look like any cancer was near my chest wall nor had it metastasized into my lymph nodes.

I thought I was out of the water decision-wise after the surgery, but now I had to choose whether to go with the post-surgery recommended course of six rounds of chemo as “insurance,” in case a cancer cell had escaped into my blood stream.

I didn’t want to go through chemo. Remember, I was “born to be at the top of my profession” and I was supposed to be “climbing” there.

But, how terrible would I feel if I turned down the “insurance” of chemo and then didn’t get a chance to see my sons grow up. I decided to go forward with the 18 weeks of treatment.

Brand new breasts

My surgical oncologist, the amazing, sensitive Dr. C (she’s the best. Tweet me at @luckyjodi if you want her full name; hint: it starts with a “C”), recommended I postpone reconstruction to be “safe.”

If you get immediate reconstruction and need radiation, it might mess up your new boobs. On the flip side, the immediate reconstruction gives the best and most natural results if you don’t need radiation.

Dr. C said a recommendation for delayed reconstruction was typical in Canada, where we tend to be more conservative, whereas in the U.S. immediate reconstruction is more common.

Recognizing my struggle, she ensured that I met with every specialist I could to help me evaluate the chance of success with immediate reconstruction. I liked my odds and my sister gave me a “I’d do it” so I gave the thumbs up to replacing my old cancerous breast/s with brand new silicone-filled ones immediately after surgery.

Arriving at that decision made me feel instantly relieved. I had control over something and I actually kind of liked the idea of brand new breasts.

ALL PHOTOS PROVIDED BY JODI BROWN

▶ Jodi waking up after surgery.

▶ Jodi's sister Caitlin shaved her head to support her sister.

I was worried that, as a woman in business, showing people I had cancer (hard to hide when you're bald or wearing a wig and lose your eyelashes and eyebrows) would make me look weak and a liability.

I didn't have to worry. My boss soon assured me cancer doesn't need to change the way you are treated or perceived at work. His support helped me "come out" in the business world, to show other women that a cancer diagnosis is not the end of the world, or your career.

Chemo sucks. Don't get me wrong. But to be honest I thought it would be even worse. I did lose my hair. I did lose almost all my eyelashes. I did lose almost all my eyebrows. Ironically I had to get my lip waxed anyway halfway through my treatment.

The best parts? Falling in love again with someone who stood by me the whole time even though he'd only known me a short time pre-diagnosis. He was awesome.

We played with a bouncy ball while chemo pumped into my veins. He made other patients smile. He made me laugh. He made me feel not-so-ugly. He went about building a new life with me as if cancer wasn't a thing.

And my kids were amazing. And my ex came around and went from bitter and resentful to understanding and empathetic.

And my colleagues were supportive and trusting that I'd come out of this better than before. And my direct reports, the managers who had to carry me when my brain was cotton candy, made me look good and took care of the things when I couldn't.

And my sisters were my rocks. And the whole entire rest of my family rallied around me.

The people who love me made it almost easy.

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Classic and perfect for fall

Take traditional onion soup and add mushrooms for an earthy twist

The dark, rich broth and cheese-encrusted top are perfect for fending off a chilly evening.

This version adds a few more members of the onion family, a handful of herbs, as well as the earthiness of mushrooms.

MATTHEW MEAD/ THE ASSOCIATED PRESS

▶ This recipe makes four servings.

Preparation:

1. Cut dried mushrooms into pieces; place in heat-safe bowl. Pour boiling water over mushrooms; set aside.
2. In saucepan over medium heat, melt 45 ml (3 tbsp) butter. Add onions and cook until well browned, stirring regularly, 15 mins. If onions begin to brown too fast, add water. When onions are browned, add wine and stir to deglaze pan. Add leeks, shallots, garlic, thyme, rosemary and 30 ml (2 tbsp) butter.
3. Increase heat to medium-high and cook until leeks tender, 8 mins. Add flour; stir to coat. Pour in broths, stir and bring to boil. Add steeped mushrooms, reduce heat to simmer for 10 mins. Add salt, pepper.
4. Heat broiler. Ladle soup into 4 oven-safe crocks. Top each with slice of bread and cheese. Arrange crocks on a rimmed baking sheet, place under broiler and cook until cheese melts and begins to brown, 2 mins. Serve with chives.

THE ASSOCIATED PRESS

Ingredients:

- 1 pkg (60 g/2 oz) dried porcini mushrooms
- 250 ml (1 cup) boiling water
- 75 ml (5 tbsp) butter
- 3 sweet onions, sliced
- 50 ml (1/4 cup) white wine
- 2 leeks, white parts only, cleaned and sliced
- 2 shallots, chopped
- 2 cloves garlic, minced
- 30 ml (2 tbsp) each chopped thyme, rosemary
- 45 ml (3 tbsp) all-purpose flour
- 500 ml (2 cups) each chicken and beef broth
- Salt and black pepper
- 4 slices stale crusty bread
- 4 slices fontina cheese
- Chopped fresh chives

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Small switches, big results

Canadians are changing their thermostats after toxic level of mercury discovered Find out why

NEWS CANADA

▶ Changing your thermostat is a small move that can have big implications on your future health.

While many Canadians have switched to environmentally preferred transportation alternatives and are drinking from eco-friendly water canteens, Canadian families and businesses should also be considering the environmental implications of their everyday behaviours within their homes and offices. Something as small as a thermostat can have a negative environmental impact if it is not disposed of properly due to the highly toxic levels of mercury contained within some of these units.

Mercury is a potent and hazardous neurotoxin, which is dangerous to the health of people and wildlife. Older mechanical thermostats can have one to four mercury switches, each containing approximately 2.5 grams of mercury. Just one gram of mercury is enough to contaminate an eight-hectare lake to the point where the fish in that lake are inedible for one full year.

A mercury-containing thermostat is not a direct threat to your health and safety as long as the glass housing for the mercury switch is intact. The risk to the environment and human health comes when end-of-life mercury thermostats are not disposed of responsibly. If an old thermostat is thrown out with regular household or business waste, the mercury ends up in landfill and contaminates our soil water.

In order to prevent mercury-containing thermostats from causing distress to the environment, the Heating, Refrigeration and Air Conditioning Institute of Canada (HRAI) has developed a thermostat recovery program called Switch the 'Stat to encourage Canadians to replace their old thermostats with energy-efficient, programmable units to help reduce energy consumption and greenhouse gas emissions, while ensuring that their old devices do not end up in landfills. Together with their network of registered contractors and wholesalers, HRAI ensures that old thermostats are properly disposed of to keep mercury from leaking into our environment.

Since the program's inception in 2006, Switch the 'Stat has recovered more than 45,000 mercury-containing thermostats, which contained over 71,000 mercury switches.

The mercury reclaimed to date would have been more than enough to contaminate all the fish in some of Canada's favourite lakes including Lake Simcoe in Ontario, Kootenay Lake in B.C. and Lake Manitoba. NEWS CANADA

‘The best way to heal is to reach out’

Ellen Campbell doing her best to help abuse victims

When Ellen Campbell is happy, her smile can light up an entire room. Not many know about the dark days she has gone through because of the sexual abuse she suffered as a child.

As she careened through adulthood she was always chased by depression. She became suicidal and ended up in a hospital psychiatric ward.

“I wanted to kill myself and I didn’t know why. As I was lining up for my pills I knew that if I didn’t fight back it would end badly. It was a turning point in my life and I realized I needed help.”

TURNING POINT

TERESA KRUZE
LIFE@METRONEWS.CA

She founded the Canadian Centre for Abuse Awareness in 1993 and today with the help of supporters like John Derringer and Q107 radio, they help over 200,000 women, men and children a year.

“Society is finally recognizing the damage that abuse causes. The best way to heal is to reach out for help.”

October is Child Abuse Awareness month.

We salute you Ellen Campbell, and all the amazing people that work to protect men, women and children and bring awareness to this issue.

SUBMITTED

▶ Ellen Campbell is the founder of the Canadian Centre for Abuse Awareness.

Who says science and research can’t be fun?

Male beetles found making love to beer bottles

A paper on beer bottle-mating beetles was the toast of the Ig Nobel Prizes, which honour research tickling both the brain and the funny bone.

Research co-authored by University of Toronto professor Darryl Gwynne and his Australian colleague David Rentz was the winner in the biology category. The awards ceremony was held at Harvard University on Thursday.

A parody of the Nobel Prizes, the Ig Nobel Prizes are handed out annually by the scientific humour magazine Annals of Improbable Research. The awards are “intended to celebrate the unusual, (and) honour the imaginative” while generating public interest in science, medicine and technology.

HANDOUT/THE CANADIAN PRESS

▶ University of Toronto professor Darryl Gwynne

Gwynne and Rentz were honoured for their 1983 paper Beetles on the Bottle: Male Buprestids Mistake Stubbies for Females. Gwynne joined U of T’s Mississauga campus in 1987 and conducted his research as a post-doctoral fellow at the University of Western Australia in Nedlands.

While carrying out field work and walking along a dirt road in Western Australia, Gwynne and Rentz observed male Australian jewel beetles trying to crawl atop or along the side of scattered brown beer bottles, or “stubbies.”

Gwynne said the stubbies resemble a “super female” jewel beetle in shape and hue, big and orangey-brown in colour. The bottles also feature a slightly dimpled surface near the bottom — aimed at preventing the bottle from slipping out of one’s grasp — that reflects light in much the same way as female wing covers.

HANDOUT/THE CANADIAN PRESS

▶ An Australian jewel beetle is seen on a beer bottle.

The beetles’ longing for loving was so strong that they fried to death under the hot sun trying to mate with the bottles and ignored the females. They were eaten by hungry ants or had to be removed by the researchers.

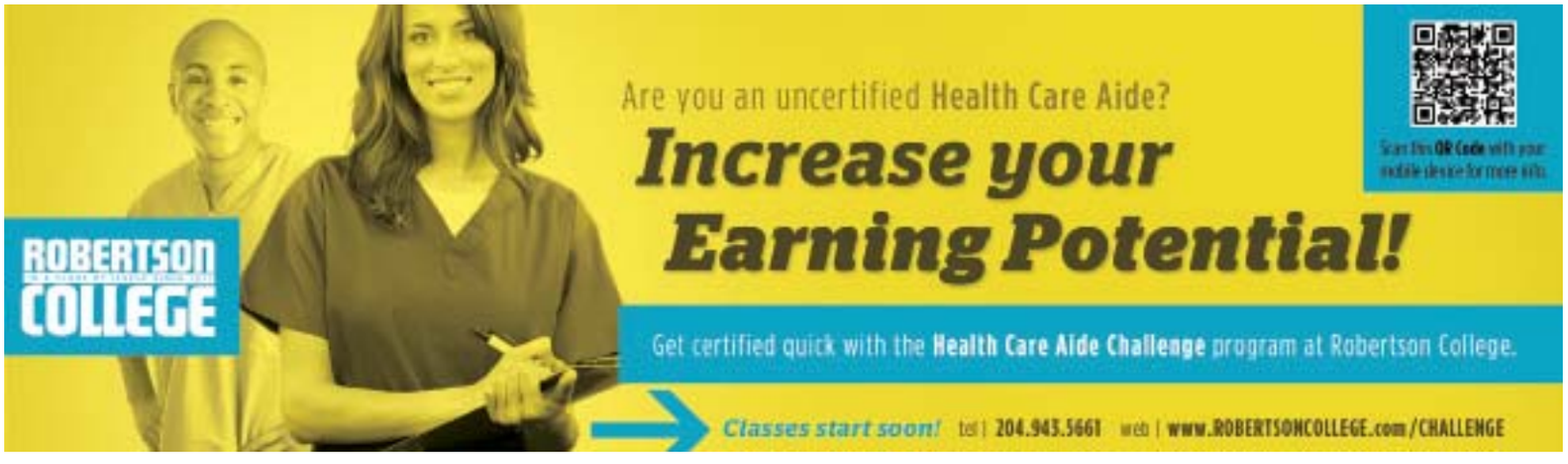
While being recognized for the humour in the research, Gwynne said there are serious messages in the findings.

Gwynne said human interference — perhaps unwittingly — in the evolutionary process can lead to unintended consequences. In this instance, the fact that female beetles were ignored by males could have a huge impact on the natural world.

“Improperly disposed of beer bottles not only present a physical and ‘visual’ hazard in the environment, but also could potentially cause great interference with the mating system of a beetle species,” says the paper.

What’s more, Gwynne says the research supports the theory of sexual selection — that males, in their eagerness to mate, are the ones that make mating mistakes.

THE CANADIAN PRESS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4 sports

Tigers stay afloat in ALDS

CHRIS TROTMAN/GETTY IMAGES

▶ Detroit's Jose Valverde celebrates the final out in Game 2 of the AL division series against the Yankees yesterday.

Detroit holds on to even series as skies open up at Yankee Stadium

5	3
TIGERS	YANKEES

Detroit closer Jose Valverde held off a furious New York ninth-inning rally and the Tigers avoided a major slip-up, beating the Yankees 5-3 on a rainy evening last night to even their best-of-five AL playoff series at one game apiece.

Down 5-1, the Yankees scored twice in the ninth. New York got a chance to win it when Detroit catcher Alex Avila lost his footing on the slick on-deck circle while chasing a foul that would've been the final out.

"It's a little hard. That's what happens sometimes," Valverde said.

After his popup landed untouched, Curtis Granderson drew a walk. With two outs and two on, Robinson Cano came to the plate.

Cano, who hit a grand slam and had six RBIs as New York won the opener, hit a routine groundball to end it.

"All of a sudden, against anybody — but particularly against a team like them with the short porch in right field — it was not a good feeling," Tigers manager Jim Leyland said. "But it worked out OK."

Tigers starter Max Scherzer pitched no-hit ball into the sixth before Cano blooped an opposite-field single to left.

Miguel Cabrera's two-run homer in the first off Freddy Garcia gave Scherzer an early edge, and the Tigers took a 4-0 lead into the eighth.

Granderson hit a solo shot off Tigers reliever Joaquin Benoit in the eighth. Pretty soon, the rain — and all the drama — filled Yankee Stadium.

Game 3 is tonight at Detroit. In an ace rematch, CC Sabathia is scheduled to start for the Yankees against Justin Verlander. The all-stars faced each other in the series opener Friday night, but the game was suspended after only 1 ½ innings because of rain.

The Yankees lost three of four this year at Detroit and are 22-25 at Comerica Park since it opened in 2000. It's one of two AL stadiums where New York has a losing record.

The Tigers fly home with a chance to take control of the series, just as they did in 2006 when they lost the opener in New York before sweeping three-straight.

Yankees manager Joe Girardi rested late-game relievers Rafael Soriano and Dave Robertson, and Detroit made it 5-1 in the ninth on Don Kelly's RBI single. THE ASSOCIATED PRESS.

Quoted

"He looks like a guy that's been in the league a long time out there, just the way he handles the puck with patience and poise."

WINNIPEG JETS CENTRE BRYAN LITTLE ON 18-YEAR-OLD TEAMMATE MARK SCHEIFELE, PICTURED, WHO SCORED HIS FOURTH GOAL OF THE PRE-SEASON IN THE JETS 3-2 LOSS TO THE NASHVILLE PREDATORS ON FRIDAY NIGHT.

"I absolutely love the kid and I think our whole organization does. He's an excellent player ... It's his mind that's so sharp."

WINNIPEG COACH CLAUDE NOEL, WHO SAID IT'S NOW A MATTER OF DOING A DEAL WITH THE ROOKIE SCHEIFELE'S AGENT TO GET HIM PERMANENTLY IN A JETS JERSEY.

National League

Jonathan Lucroy drove in the go-ahead run with a squeeze and the Milwaukee Brewers broke away from the Arizona Diamondbacks 9-4 yesterday to take a 2-0 lead in their NL division series.

▶ Ryan Braun, pictured, hit a two-run homer and slugger Prince Fielder added an RBI single for Milwaukee.

▶ The Brewers now hold a 2-0 lead in a playoff series for the first time in franchise history. Game 3 is tomorrow at Arizona. Milwaukee will go for a sweep when Shaun Marcum takes on rookie Josh Collmenter. THE ASSOCIATED PRESS

Lions kings of late comebacks

TONY GUTIERREZ/THE ASSOCIATED PRESS

▶ Detroit receiver Calvin Johnson makes a 2-yard touchdown reception yesterday.

Matthew Stafford saw his defence start wiping out a 24-point deficit with interceptions returned for touchdowns midway through the third quarter, then he and Calvin Johnson took over from there, leading the Detroit Lions to a stunning 34-30 victory over the Dallas Cowboys yesterday in Arlington, Texas.

A week after turning a 20-point halftime deficit into an overtime win, the Lions provided further proof they're a legitimate contender this season.

Detroit is 4-0 and has won an NFL-best eight-straight games. This also was its team-record fifth-straight road win, avenging a loss here last November that was its NFL-record 26th straight road loss.

Tony Romo and the Cowboys (2-2) continued to show no lead is safe for them. They also blew a 14-point fourth-quarter lead for the first time in franchise history in the opener. THE ASSOCIATED PRESS

Around the NFL

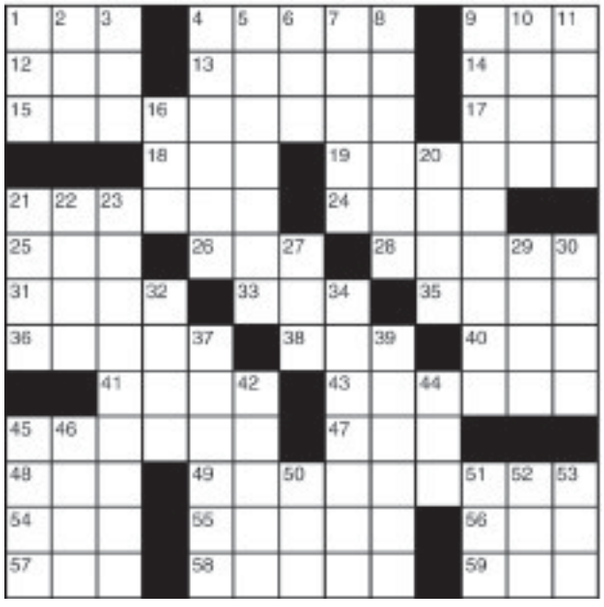
In other action yesterday:

▶ **Bengals 23-Bills 20:** Cincinnati's rookie QB Andy Dalton, pictured, led the Bengals (2-2) back from a 17-3 halftime deficit culminating in Mike Nugent's 43-yard field goal as time ran out against previously unbeaten Buffalo (3-1).

▶ **Texans 17-Steelers 10:** Arian Foster rushed for 155 yards and the go-ahead touchdown in the fourth quarter as Houston (3-1) overcame a hamstring injury to Andre Johnson for the win over injury-plagued Pittsburgh (2-2).

▶ **Titans 31-Browns 13:** Veteran QB Matt Hasselbeck threw three TD passes in the first half and safety Jordan Babineaux returned an interception 97 yards for a TD for Tennessee's third-straight win under first-year coach Mike Munchak. THE ASSOCIATED PRESS

Crossword



Across

1 Actress Gardner
4 Vine-covered shelter
9 Owns
12 Perch
13 Wilkes-—, Pa.
14 Everything
15 Surgeons' devices
17 Reason to say "alas"
18 — constrictor
19 Addicted
21 Unisex garb
24 Spheres
25 — carte
26 "Humbug!"
28 Giggly sound
31 Columns' crossers
33 AAA job
35 Play area
36 Playful water critter
38 Dowel
40 Bankroll
41 Warmth
43 Chic
45 Burn somewhat
47 Joke
48 Goof up
49 "The Old Man and the Sea" author
54 Pistol
55 Implant
56 Literary collection
57 Praise in verse
58 Rental contract
59 Workout venue

Down

1 Fire residue
2 Compete
3 $ dispenser
4 Soak up
5 Knocking sound
6 Lingerie item
7 Lawn-care brand
8 Vacation mecca
9 Detectives
10 Lotion additive
11 Coaster
16 Kimono sash
20 Do what you're told
21 Poi root
22 Coin aperture
23 Author Nathaniel
27 Jump
29 Historic times
30 Whirlpool
32 Prognosticator
34 Women's shoes
37 Jennifer's "Friends" role
39 Rio —
42 Topic
44 Ovum
45 Lily variety
46 Gunky stuff
50 CEO's degree
51 Humorous sort
52 Whatever amount
53 Thanksgiving vegetable

▶ Friday's answer

Sudoku

3			4		1			9
		4			8			
				9			5	
8	7			2				5
		3	1		7	6		
2				6			4	8
	2			4				
			5			2		
9			2		6			7

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Friday's answer ▶

5	9	4	8	2	7	1	6	3
1	3	7	6	4	5	2	9	8
6	8	2	9	1	3	7	4	5
7	4	1	2	6	8	5	3	9
2	6	9	5	3	1	4	8	7
3	5	8	7	9	4	6	1	2
8	1	3	4	5	2	9	7	6
4	2	6	3	7	9	8	5	1
9	7	5	1	8	6	3	2	4

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

SCOOBIE
*Hi mahal! I know this was your idea for me, but I thought I would try and do this for you too since you do read this more. I would only hope that this message gets published before or in time of your birthday (Oct. 31st). You've been a great partner to me, despite of our down times, we definitely have our great times. Thank you for being in my life... I love you SOOO much! *muah* ^_^*
FROM KAWAII-CHAN

Patrick
Patrick I love you! ! Im not sure if I've told you enough. I dont want to much time to pass again lifes to short my friend, Just want kisses + cuddles everything else will be ok! !!
FROM STUPID GIRL

A look at the weather

TODAY	TUESDAY	WEDNESDAY
Min 13° Max 25°	Min 14° Max 27°	Min 16° Max 27°

Jenna Khan, Weather Specialist
"Weather impacts everything we do. Providing the information you need before you head out that door and take on the day is the best part of my morning." **WEEKDAYS 6AM**

BT BREAKFAST TELEVISION

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 Life will be easier to handle this week if you can just get over the idea that everyone thinks the same way as you and shares your convictions.

♉ Taurus April 21-May 21 Matters of a routine nature will take up most of your time today.

♊ Gemini May 22-June 21 This is going to be a productive week.

♋ Cancer June 22-July 22 Go out of your way to be nice to partners and colleagues today.

♌ Leo July 23-Aug.23 You will get the chance to move up in the world.

♍ Virgo Aug. 24- Sept. 22 You are about to be given the chance to make amends for something you said — or something you should have said but did not.

♎ Libra Sept. 23-Oct. 23 Decide what is the most important thing you should be doing right now and focus on it to the exclusion of everything else.

♏ Scorpio Oct. 24-Nov. 22 Something will happen today that convinces you that life is good and about to get even better. Believe it.

♐ Sagittarius Nov. 23-Dec. 21 Try not to get emotionally involved in other people's problems.

♑ Capricorn Dec. 22-Jan. 20 Something you have been working on for months, maybe years, will bear fruit this week.

♒ Aquarius Jan. 21-Feb. 18 You can do almost anything you want to do this coming week, but you don't have to do everything.

♓ Pisces Feb. 19-March 20. You will have to take on new responsibilities over the next seven days, and it's just what you need.

SALLY BROMPTON

Caption contest

CLIFF OWEN/THE ASSOCI- ATED PRESS

VADIM GHIRDA/THE ASSOCIATED PRESS

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Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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- VIOLENT CRIME CAPITAL OF CANADA... AGAIN

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TOUGH ON CRIME.

- WILL USE GPS TO TRACK AND APPREHEND VIOLENT OFFENDERS.

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